B I N G O

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| [Ninja Kids Balance](https://www.youtube.com/watch?v=-VNqE8tV2GE)  | [Yoga](https://www.youtube.com/watch?v=9XBnftTBmAk) | [Plank Tic Tac Toe](https://youtu.be/DAmMNUztXwc) | [Flip It](https://bit.ly/flipitchallenge)  | [Obstacle Course](https://bit.ly/2UIzm2g) |
| [Dice Is Right](https://bit.ly/2xtPCLA)  | **Go for a walk, run, bike or scooter ride outside with your family!** | [Yoga](https://www.youtube.com/watch?v=9XBnftTBmAk) | [Sock and Sit](https://www.youtube.com/watch?time_continue=45&v=rNynHptldos&feature=emb_logo)  | **Uno Fitness****(see below)** |
| [Obstacle Course](https://bit.ly/2UIzm2g) | [Ninja Kids Balance](https://www.youtube.com/watch?v=-VNqE8tV2GE)  | **FREE** | [Dice Is Right](https://bit.ly/2xtPCLA)  | [Yoga](https://www.youtube.com/watch?v=9XBnftTBmAk) |
| [Up Up Up](https://www.youtube.com/watch?v=h97QblgvNYc&feature=youtu.be)  | [Obstacle Course](https://bit.ly/2UIzm2g) | [Flip and Catch](https://www.youtube.com/watch?time_continue=79&v=yR6LGQ5rL_Q&feature=emb_logo)  | **Uno Fitness****(see below)** | **Go for a walk, run, bike or scooter ride outside with your family!** |
| [Flip and Catch](https://www.youtube.com/watch?time_continue=79&v=yR6LGQ5rL_Q&feature=emb_logo)  | [Dice Is Right](https://bit.ly/2xtPCLA)  | **Go for a walk, run, bike or scooter ride outside with your family!** | [Ninja Kids Balance](https://www.youtube.com/watch?v=-VNqE8tV2GE)  | [Plank Tic Tac Toe](https://youtu.be/DAmMNUztXwc) |

**Your goal this week is to get a BINGO by doing some of the activities above. You cross out one box every time you do one activity. Good luck, stay safe, and have FUN!**

