Welcome to your Layering Journal! As you know, people all over the world are cancelling their regular activities for the next few weeks in order to help stop the Covid-19 virus from spreading. We are all making history, because the world has never shut down as many businesses and events before. It is a great time to keep a journal of what your daily life is like so that you can share it with others once things go back to normal. One day, you might even share this journal with your future children so they can learn about what life was like in the year 2020!

Start this journal on a Monday, if possible. On each page of the journal, you will be given a different topic to write about for that day. After you are finished writing, there is a color-and-cut activity for you to complete. Each color-and-cut builds toward an image, so at the end of the week (on Friday), you will see the image emerge! It is a great way to free yourself of stress, and in a few weeks you will have an impressive journal to share with others! (Eventually, you will make your entries into a book, but for now you can just keep them in a folder).

Today's Topic: Do you remember when you first heard about the coronavirus? Was it from a teacher at school, a family member, or on social media? Write down whatever you can remember about where you were and what was said. How did you feel about it at the time? Did you later change your mind about it? Why?

When you are done writing: (A) Color the shaded shape below. (Color all the way to the edge of the page). (B) Cut from the edge of the page and follow the dotted line so that you cut this top part of the paper off completely. Each day, you will have a different shape to color and cut. By the time you get to the end of the week, you can look back at today (Monday) to see how all the shapes form a picture.

Today's Topic:

When I First Heard About the Virus

Today's Date:

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